

# Kelso High School

## Message from the Chairperson

Hello everyone, hope you are all safe and well. It has been a crazy, emotional, busy couple of weeks getting back to school. Don't know about you but I am finding it all very up and down. It was super stressful the few weeks leading up to the start of school. Not knowing what the hell was happening was driving me nuts. Not knowing what the heck they needed to bring? I have to say I'm so glad they are all in and have settled into a routine. I am glad they are loving seeing friends and starting new classes. It's a huge relief it's all gone smoothly. Please if anyone has any feedback or anything they would like to discuss please let us know through the Parent Council email address. Whether it's good, bad or ugly, I would rather if something was bothering you, you got in touch rather than letting it fester, we can't help if we don't know.

Life has changed so much in this past few weeks and it feels like after five months of a very slow country road pace its gone and jumped onto the motorway at 100 miles an hour. I'm feeling a little uneasy about how quick life changed back to stress and running around like a headless chicken. If anyone else is feeling like this please get in touch, we can have a chat and maybe look at some resources together. Let's not forget that we are all in this together and let's keep up our community spirit and keep an eye out for anyone who is finding all these changes a little different. It's hard when you are in the middle of a very stressful life, lots changing, lots going on to see if you need help let alone ask for it. Watch out for each other, be kind to everyone, we all deal with things in our own little ways. It's ok to need a little help when life gets a bit too much.

I have still been taking part in the Chairs Forum with SBC every week. They are asking for feedback from parents regarding being back at school so if anyone would like to get in touch through our PC email then please do so.



## Important Announcement

**KHS Parent Council Email Address!!**

[KHSParentCouncil@scotborders.gov.uk](mailto:KHSParentCouncil@scotborders.gov.uk)

**Feel free to get in touch,  
we would love to hear from you!**



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I have been attending online training with Connect trying to get information and ideas about how to help take the Parent Council forward and make it better and bigger hopefully appealing to more families. I am going to do my very best to be here and available to anyone who wants help with anything, or if anyone would like to get in touch and see how they can be part of the PC or they just want to help in any way that would be great as I do feel a little lonely doing these newsletters every month. I'm sure you all would like to hear from someone else, it would be lovely to get some new faces involved.

Looking forward to seeing everyone again at our **next Zoom Parent Council Catchup on Tuesday 25<sup>th</sup> August 7pm**, log in details below.

It was fantastic seeing so many people at our last meeting thanks to everyone who attended.

Thank you for taking the time to read our newsletter and do not hesitate to get in touch via our Parent Council Email. Take care and see you all soon.

**Gemma O'Brien - PC Chair**

**KHS Parent Council Catch Up - Tuesday 25/08/20 @7.00pm**

Join Zoom Meeting by clicking [here](#)

Meeting ID: 933 4284 2350

Passcode: 608157



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## KHS SQA Results Analysis

Following the decision taken by the Scottish Government to reissue all pupils with their SQA results based on school estimates it is too early to summarise our results and provide analysis. We will provide you all with this information as soon as possible.

ParentSpace kindly joined the last PC Zoom meeting to discuss the services they offer, please see the information below.



ParentSpace is a local charity, funded by the National Lottery. We run courses, workshops, Drop Ins and offer 1:1 support for all parents in Berwickshire and the surrounding area.

Our facilitators are all trained by Care for the Family, which is a national charity, but first and foremost, we are all parents, who know the highs and lows of the parenting journey. We believe parenting is the hardest, but most rewarding job there is; the most important job in the world. We also know how hard it is to do that job on your own. There is a saying that it takes a village to raise a child and we believe it takes a village to raise a parent. So we're here to offer a hand on the journey and be your village.

You can find us on Facebook and at [www.parentspace.org.uk](http://www.parentspace.org.uk).

During Lockdown and for the foreseeable future, we'll be running Drop Ins on Zoom twice a week. You'll find the details on our Facebook page. Please come and join us.



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